



Dear friend,

I would like to let you know about, and invite you to, a very special 21-day journey called the *Spirit of Africa Journey*. Travelling through parts of South Africa and Namibia, Botswana and Zimbabwe, this 21-day journey will be full of adventure and mystery, insight and intrigue, magic and fun.

In essence, this 21 day *Spirit of Africa* journey is a journey of exploration, discovery and transformation. It is about giving and holding the space for each person to step into some very magical, positively challenging and exciting experiences. This journey is about stepping in, meeting and kindling or re-kindling your connection to Spirit both externally and internally. As we weave our way across South Africa and into Namibia (and into Botswana and Zimbabwe) the wildness, beauty and magic of Africa will definitely weave herself deeply into your heart and soul.

With an amazing and unique 21 day itinerary created and put together by Adrian from his contacts in Africa, you will be exploring, discovering and experiencing the magic and beauty of Africa in a way that you will not find with anyone else. On this *Spirit of Africa Journey*, we will visit and explore ancient sacred sites and ancient cave paintings, spend 3 days and 3 nights in the open bush on a walking safari, visit game reserves, visit an African community orphanage, meditate whilst boating down the Zambezi river and lots, lots more ...

We begin our 2023 journey together in Cape Town, South Africa on **Saturday 19<sup>th</sup> August and complete the journey on Saturday 9<sup>th</sup> September in Johannesburg, South Africa**. You may decide to stay on for a while longer after we complete our 21-day journey together.

There are only places, and these are only for 8 adults (sorry no children allowed on this journey). If you feel the calling to join me on this journey of a lifetime, please let me know as soon as possible and I will send you the *Spirit of Africa Journey* information package.

I look forward to hearing from you very soon, and, of course, having the opportunity of spending 3 weeks with you in Africa on this very special *Spirit of Africa journey*.

*Adrian*